

Medications

(Cold and Flu Season is Approaching)

Boeing Employees' Flying Club

- Many over the counter medications for colds, flu and allergies are banned by the FAA because they can impart your ability to fly and/or make sound judgements
 - Remember the I & M in the IM SAFE Checklist
 - Illness and Medication
 - <https://www.aopa.org/go-fly/medical-resources/medications-database>
- Decongestants can wear off during flight resulting in problems during descent
 - Make sure your passengers are healthy so everyone enjoys the flight